

**Theme of the Week:**

# PERSEVERANCE

Continued effort to do or achieve something despite difficulties, failure, or opposition



## VERSE

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.

*James 1:2-4*

## QUESTIONS

- What does it mean to have perseverance?
- Why is it important to have perseverance?
- What is a good example of someone showing perseverance?
- How could you show perseverance at practice and in your game?

# CHALLENGE

- Look each of your players in the eye, particularly focusing on your left eye and looking into their left eye. (Trust us on this left-eye-to-left-eye contact.)
- Tell each player something positive about their involvement in the team this season.

## TIP

Eye contact – particularly left-eye-to-left-eye – stimulates the part of the brain that creates positive memories and is activated by relationships. Knowing that they are valued and appreciated by an adult contributes to a child's healthy development.



**REAL LIFE**  
SPORTS